

What is FASD?

Fetal Alcohol Spectrum Disorder (FASD) is a diagnostic term used to describe impacts on the brain and body of individuals prenatally exposed to alcohol. FASD is a lifelong disability. Individuals with FASD will experience some degree of challenges in their daily living, and may need support with motor skills, physical health, learning, memory, attention, communication, emotional regulation, and social skills to reach their full potential.

Each individual with FASD is unique and has areas of both strengths and challenges.

(Source: FASD Ontario)



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Grey Bruce Fetal Alcohol Spectrum Disorder (FASD) Program

FASD Program Description

The FASD program provides support to families of children and youth with FASD or suspected FASD, while also providing education and awareness within the community.

A child or youth is eligible for the program if:

- They are under the age of 18, or between the ages of 18 and 21 and still in school
- They have a formal diagnosis of FASD or have a suspected FASD or FASD-like symptoms.

Family-Centred Service:

- Family is the constant in the child's life.
- The family is the expert about their child's abilities and needs.
- The family works with service providers to make decisions about the services and supports they need.
- The strengths and needs of all family members are considered.

FASD Coordinator role:

An FASD Coordinator can provide individualized training on Brain Differences and help parents develop strategies to manage some of the challenging behaviours.

They also provide:

- Monthly newsletters with parenting tips, local and provincial training opportunities & resources
- Caregiver workshops and events
- Access to information and resources
- FASD Coordinators can support families at school meetings and coordinate services with other providers

How to access an FASD coordinator:

- You can make a referral yourself by calling the FASD Coordinator directly, or
- You can ask a staff from a community agency that you already work with, your child's doctor or a staff at your child's school to make a referral on your behalf. Once we receive the referral, an FASD Coordinator will contact you.



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Building Futures Together!