



THE GRANDPARENT GROUP: GRANDPARENTS SUPPORTING GRANDPARENTS IN THE CAREGIVING ROLE

A supportive and confidential online space where Grandparents can gather, listen and be heard by others with shared experiences. This is a closed Group. A waitlist will be made for Grandparents who wish to join the group after the first meeting. Group sessions will be held for one hour in length. Topics for discussion include: the importance of self-care, unique challenges of the parenting role, navigating community resources and more.



**HOSTED BY
JOANN COONEY
& NAOMI KING**

FRIDAY July 10th
@ 10:00am

Thursday July 23rd
@ 10:00am

Thursday August 6th
@10:00am

Thursday August 20th
@10:00am

Thursday September 3rd
@10:00am

A virtual group using
Zoom Video
Communications

Internet connection,
camera and audio
capability required

The structure of the
Group will be reviewed
in the fall. We look
forward to hearing your
input

Please connect with
your Case Manager to
make a referral
