



# VIRTUAL Parent Information Workshop

Please join Keystone staff and other parents to get some answers and share ideas.

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## **Digital Detox:**

Strategies to discuss healthy use of technology with your child as we move into the summer months

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Demonstration: How to set screen time limits on your child's phone/tablet

**Monday June 22, 2020**

**11:30 am – 1 pm**

Please register by calling 519-371-4773 Ext "0"  
This workshop will be held virtually via Zoom



This program is sponsored by Keystone Child, Youth and Family Services  
For future dates please visit [www.keystonebrucegrey.org](http://www.keystonebrucegrey.org)